

Efforts Underway to Shape Nay Pyi Taw as a City of Distinction

President of the Republic of the Union of Myanmar U Min Aung Hlaing inspected progress on the construction of the Nay Pyi Taw Gate and the Union Honorary Beikman, as well as ongoing renovation works on earthquake-damaged structures.

PRESIDENT of the Republic of the Union of Myanmar U Min Aung Hlaing, accompanied by Vice-President U Nyo Saw, Union Ministers U Khin Maung Yi, U Myo Thant and U Hsan Oo, Nay Pyi Taw Council Chairman U Kan Myint Than and officials, inspected efforts to develop the Union Territory Nay Pyi Taw, meeting the city's characteristics and further work processes yesterday morning.

At the Myanma Gems Museum (Nay Pyi Taw), which had faced loss and damage caused by the Mandalay earthquake, the President inspected reconstruction and renovation works of the building in phases with resilience to earthquake impacts to some extent, in pursuit of the recommendations and criteria set by the Myanmar Engineering Council and gave necessary guidance to officials.

He also gave guidance on the cleanliness and beautification of the premises of the museum with good drainage facilities.

On arrival at the Maniyadana Jade Hall and the Jade Park (Nay Pyi Taw), the President observed the maintenance of the structures and stressed the need to carry out necessary repairs, interior and exterior of the jade hall and the upgrade for the park to meet the set standards.

The President viewed around the cleanliness and beautification tasks along the Razathingaha Road and around the Thabyaygon roundabout, meeting the city's characteristics.

At the construction site of the Naypyitaw Gate and the park, the Union Minister



President of the Republic of the Union of Myanmar U Min Aung Hlaing inspects the progress of reconstruction and renovation works of the Myanma Gems Museum (Nay Pyi Taw) in Nay Pyi Taw yesterday.

for Construction reported to the President on the progress of construction tasks and plans.

In response, the President said that it is necessary to systematically calculate the construction of the gate in line with the Myanmar culture and supervise the project to be a systematic work process.

SEE PAGE 3

Key Points in Presidential Guidance During Inspection Tour

1. Development committees have to emphasize cleanliness, beautification and greening of the Union Territory Nay Pyi Taw.
2. Statues of prominent persons who strived for the perpetuation and existence of the Union will be carved and kept in the Union Honorary Beikman.
3. Earthquake-affected buildings of the Myanma Gems Museum (Nay Pyi Taw) must be reconstructed and renovated in phases, with resilience to earthquake impacts to some extent.

NATIONAL PAGE 3



MoST Union Minister joins Plenary Session of Digitalization of Industrial Russia 2026

NATIONAL PAGE 4



Pyidaungsu & Amyotha Hluttaws Speaker receives Chinese Ambassador

NATIONAL PAGE 7



Shwe Padauk Fish Market handles 400,000 visses of fish daily

NATIONAL

MHFTSA, Max Energy sign B2B agreement



A B2B signing ceremony between the Myanmar Highway Freight Transport Service Association and Max Energy Co Ltd is in progress on 19 May 2026.

THE Myanmar Highway Freight Transport Service Association (MHFTSA) and Max Energy Co Ltd signed a business-to-business agreement on fuel purchase.

The signing was made at the MHFTSA office on 19 May,

and Max Energy officials and six members of the MHFTSA signed the agreement.

This partnership will support efficient fuel purchase, efficient business operation and smooth financial transaction, it stated.

The MHFTSA will continue doing similar cooperation for the interest of the organization. Interested members are welcome to contact the association's phone numbers: 09 888868910 and 09 78910277 for enquiries. — MT/ZS

School enrolment flyers distributed in Gyobingauk

THE leaflet distribution campaign for awareness of full percentage school enrolment at the basic education schools within school enrolment week was conducted at the junction of Naryisin, Nwekhway Ward junction and Pantin Road traffic light along the Yangon-Pyay Road in Gyobingauk Township, Bago Region, yesterday.

The awareness leaflet includes the motto for the 2026-2027 academic year school enrollment campaign: "Let's

Enroll All School-Age Children for Sustainable Development of the Country," and announcements, instructions to be followed during school enrolment, notices for children who are unable to attend school for various reasons, information for students who have passed Grade 9 and Grade 12, and lists of the free education system provided by the State for primary, middle, and high school students in the 2026-2027 academic year.

The township administrative department staff, teachers from the education department, staff from the Information and Public Relations Department, members of the township Maternal and Child Welfare Association, and members of the township Women's Affairs Organization distributed leaflets to locals and conducted awareness-raising activities for the school enrolment week. — Maung Shwe Win (Pyay)/KTZH



Departmental staff from Gyobingauk distribute leaflets for awareness of full percentage school enrolment at the basic education schools in Gyobingauk Township, Bago Region, yesterday. **PHOTO: MAUNG SHWE WIN (PYAY)**

YGH launches weekly geriatric outpatient clinic

THE Comprehensive Geriatric Care Outpatient Department at the Yangon General Hospital (YGH) Specialist Outpatient Clinic will be open every Wednesday starting 20 May, according to hospital officials.

The hospital has announced that this new department will operate from 9 am to noon every Wednesday.

Following the launch, professors and senior specialists from six medical departments – General Medicine, Diabetology and Endocrinology, Orthopaedic and Traumatology, Physical

Medicine and Rehabilitation, Dermatology, and Dental and Oral Surgery – will provide one-stop medical treatment for elderly patients.

In addition, YGH's Specialist Outpatient Clinic currently operates a Hepatitis C Clinic from 1 pm to 4 pm every Friday. This clinic provides free ongoing care and treatment for individuals already diagnosed with hepatitis C, including viral load testing, antiviral treatment, and a follow-up screening three months after completing treatment to evaluate its success. — MT/ZN

SSID to implement Rural Family Income Improvement Project in 214 villages



This image shows the presentation about the Rural Family Income Improvement Project.

THE Small-Scale Industries Department (SSID) will implement the Rural Family Income Improvement Project in 214 villages in the 2026-2027 financial year.

Vocational training courses such as sewing courses, food product and consumer production courses are being conducted to empower the livelihood of rural women. Training for men includes motorbike repair and maintenance, single-cylinder engine and electric machine courses. Implementing such

projects will help transform local raw materials from villages into valuable finished goods, serving as import substitutes. Furthermore, lower transport costs will also enable local consumers to purchase these goods at more affordable prices.

The Rural Family Income Improvement Project began in the 2023-2024 financial year in 151 villages. The project extended to 500 villages over three years (up to the 2025-2026 financial year). — ASH/KK

Advertise

with us /
Hotline



09 255597511,
09 454237515

NATIONAL

Efforts Underway to Shape Nay Pyi Taw as a City ...

FROM PAGE 1

He stressed the need to manage the proper drainage facilities at new detours. The President underlined that development committees have to emphasize cleanliness, beautification and greening of the Union Territory Nay Pyi Taw. He urged members of the Nay Pyi Taw Development Committee

to strive for the development of urban areas with energetic efforts.

In visiting the Nay Pyi Taw square, the President gave guidance to officials to build statues of the prominent figures of Myanmar's history around the square, install reliefs made of marble stones and construct buildings suitable for

the city's characteristics.

At the Union Honorary Beikman construction site, the President heard reports by the Union Minister for Construction on the progress of construction tasks, the proposed 3D designs for the building, and plans to grow flowery plants and trees around the Beikman building.

In his response to the report, the President gave guidance, saying that the statues of prominent persons who strived for the perpetuation and existence of the Union will be carved and kept in the Beikman building. The Beikman and infrastructure must be built with the works of Myanmar cultures and modern architectural works in

a proper ratio. He underscored that every green tree and flowery plant must be cultivated for greening and beautifying the Beikman area.

The President viewed round the construction project site of the Union Honorary Beikman and gave necessary guidance to officials. — MNA/TTA

Vice-President receives Chinese Ambassador



Chinese Ambassador Ms Ma Jia pays a courtesy call on Vice-President Nan Ni Ni Aye at the Presidential Palace Reception Hall in Nay Pyi Taw yesterday.

VICE-PRESIDENT of the Republic of the Union of Myanmar Nan Ni Ni Aye received Ms Ma Jia, Ambassador of the People's Republic of China to Myanmar, at the Presidential Palace Reception Hall in Nay Pyi Taw yesterday morning.

They cordially and openly

exchanged views on further strengthening diplomatic relations and building a shared future between Myanmar and China, enhancing cooperation in the education and health sectors, collaborating on capacity-building training programmes for civil servants

and youth, and further promoting the advancement of women.

The meeting was also attended by Deputy Minister for Foreign Affairs U Naing Min Kyaw, relevant officials, and representatives from the Chinese Embassy to Myanmar. — MNA/TH

MoST Union Minister joins Plenary Session of Digitalization of Industrial Russia 2026

UNION Minister for Science and Technology Dr Myo Thein Kyaw, who is currently in Russia, participated in the plenary international session of Digitalization of Industrial Russia 2026 titled "Digital Industry Map: Roles and Responsibilities on a Global Scale" on the evening of 19 May.

Along with the Union minister, Vice-President of Zimbabwe Mr Constantino Chiwenga, Chief of Staff of the Ministry of Information and Communication of Serbia Mr Lazar Pavlovic, and Secretary of the Ministry of Electronics and Information Technology of India Mr Krishnan Saranyan also took part in the discussion.

Yesterday morning, the Union minister met with Mr Alexander Shoitov, Deputy Minister of Digital Development, Communications and Mass Media of the Russian Federation, and discussed human resource devel-

opment and future cooperation plans for signing agreements between Myanmar and Russia in artificial intelligence technology, information and communication technology, and cybersecurity.

At noon, the Union minister also met with Governor of Nizhny Novgorod, Mr Gleb Sergeevich Nikitin, and discussed the measures to transform Nizhny Novgorod city into Russia's Quantum Valley, establishment of the world-class Neimark University aimed at producing industry-ready ICT human resources, Myanmar's efforts in implementing the Yadanabon Cyber City project under the guidance of the State President and establishment of the Technological University (Yadanabon Cyber City) near the project area, sharing of experiences of Nizhny Novgorod and cooperation in human resource development. — MNA/KTZH

Applications open for Jul TOP J

FOR the TOP J, which is scheduled to be held in July 2026 in Yangon and Mandalay, application forms have been accepted as of 20 May, according to the MAJA Education Centre.

The MAJA Education Centre organizes the TOP J annually in January, March, May, July, September and November six times, and online applications

for the July exam have been accepted.

Arrangements are underway to be held on 12 July in Yangon and Mandalay, and for the convenience of remote candidates, applications have been accepted online at <https://forms.gle/RP7b9kbeeYaw2Gp66>, and the exam fee is K72,000. The deadline is 16 June, and the test

timetable, venue and test voucher will be conveyed by email.

Test results will be released online after two weeks, and certificates will be available after a month. For more details, enquiries can be made to the MAJA Education Centre located in Ward 10, South Okkalapa Township in Yangon Region. — MT/ZS



Union Minister for Science and Technology Dr Myo Thein Kyaw meets Governor of Nizhny Novgorod Region Mr Gleb Sergeevich Nikitin in Nizhny Novgorod, the Russian Federation, on 20 May 2026.

NATIONAL

Pyidaungsu & Amyotha Hluttaws Speaker receives Chinese Ambassador



Chinese Ambassador Ms Ma Jia calls on Pyidaungsu Hluttaw and Amyotha Hluttaw Speaker U Aung Lin Dwe in Nay Pyi Taw yesterday.

U Aung Linn Dwe, Speaker of the Pyidaungsu Hluttaw and Speaker of the Amyotha Hluttaw, received Ms Ma Jia, Ambassador of China to Myanmar, yesterday in the reception hall of the Amyotha Hluttaw Building at the Hluttaw Complex in Nay Pyi Taw.

The Pyidaungsu Hluttaw and Amyotha Hluttaw Speaker held cordial and frank discussions on enhancing cooperation between the National People's Congress of China and the Myanmar Hluttaws, creating new opportunities for neighbouring countries through China's economic achievements and new policies, Myanmar's implementation of a region-based federal system to strengthen its democratic transition,

and promoting increased investment from China as Myanmar's largest trading partner and second-largest investor. They also discussed the invitation extended to armed groups to participate in peace talks from 20 April to 31 July 2026, under the new government's peace initiative, as well as measures to maintain border stability and deepen bilateral cooperation along the shared border between the two countries.

Amyotha Hluttaw Deputy Speaker Jeng Phang Naw Taung, the Chairman and the Secretary of the International Relations Committee, and officials from both the Amyotha Hluttaw Office and the Chinese Embassy were present on the occasion. — MNA/TH

Public solar streetlights provided to 41 villages in Mongton

THE Mongton Township Rural Development Department under the Ministry of Cooperatives and Rural Development provided public solar streetlights to 41 villages across nine village-tracts in Mongton Township, Mongton District, Shan State (East), yesterday.

The initiative aims to enhance the socioeconomic status of rural residents and narrow the development gap between urban and rural areas. During the event, a team led by Daw Kyawt Kyawt Khaing, Head of the Mongton District Rural Development Department, systematically handed over 225 sets of solar panels, lamps, and related accessories

to members of the village electrification committees, village development committees, and residents to ensure rapid installation.

In addition to implementing rural productive roads, water supply projects, and expanding systematic agriculture and livestock breeding sectors through Mya Sein Yaung project loans, the Mongton District Rural Development Department's provision of these solar streetlights will benefit 2,256 households and 10,423 residents. This assistance will contribute significantly to the development of local education, healthcare, social, and economic sectors. — Karyan Cho (Rural)



Officials from the Mongton District Rural Development Department hand over solar streetlights for residents in Mongton, Shan State (East), yesterday.

MCEF races to repair quake-damaged Nay Pyi Taw staff housing before monsoon



Officials inspect staff housing in Nay Pyi Taw, where major renovation works are underway.

MAJOR renovation works on staff housing in Nay Pyi Taw that was damaged by the powerful Mandalay earthquake are being carried out with efforts to complete them before the upcoming rainy season, according to Chairman U Shein Win of the Myanmar Construction Entrepreneurs Federation (MCEF). The powerful Mandalay

earthquake, which struck on 28 March 2025, caused damage to residential houses, religious buildings, staff housing and ministry offices in some regions and states, including the Nay Pyi Taw Council Area.

"In Nay Pyi Taw, all staff members were left without accommodation. When everyone had to rent houses outside, the

rental fees were equivalent to an entire month's salary. Understanding these difficulties, the federation has already completed repairs on 215 buildings classified under the blue level and 210 buildings under the orange level. Repairs are still underway on 120 buildings classified under the red level. We are striving to complete all work within the next two or three months. In addition, 40 new buildings are also under construction," said U Shein Win.

For the project to repair earthquake-damaged buildings, loans amounting to K40.15 billion have already been provided to 27 member companies undertaking repairs on orange-level buildings, while loans totalling K40.758 billion have been issued to 28 member companies carrying out repairs on blue-level buildings. — ASH/MKKS

Daily newspapers available online

FOR those who would like to read the Myanmar Alinn, the Kyemon and the Global New Light of Myanmar, published daily by the Ministry of Information, please visit www.moi.gov.mm/mal, www.moi.gov.mm/km, www.moi.gov.mm/nlm and www.gnlm.com.mm/e-paper.

News and Periodicals Enterprise



NATIONAL

Commanders Urged to Build Combat-Ready Units

COMMANDERS and senior officers need to maintain close contact with military families and engage positively with the public, said Commander-in-Chief of Defence Services General Ye Win Oo at the meeting with senior officer instructors and senior officer trainees at the local training school in Kalaw yesterday morning.

Speaking on the occasion, the General said that commanders and senior officers have to conduct ceremonies for Tatmadaw members to express their wishes, discuss, and hold entertainment events with their military families properly and correctly.

He stressed that commanders need to ensure that Tatmadaw members under their command do not engage in actions towards the public that could lead to misunderstandings or negative perceptions among the people. In dealing and interacting with the public, emphasis should be placed on adhering to the prescribed rules of conduct, prohibitions, and the ten codes of conduct to be observed towards the public.

Regarding administration, the General noted that com-



Defence Services Commander-in-Chief General Ye Win Oo delivers the speech at the meeting with senior officer instructors and senior officer trainees at the local training school in Kalaw yesterday.

manders are vested with judicial authority and therefore need to carry out military judicial matters with proper judgement and sound reasoning.

By conducting administrative measures, he continued that by carrying out the general staff, adjutant and quartermaster measures through check, recheck, and counter-check procedures, the operational weaknesses can be avoided, and the capabilities of military units will

be enhanced.

The General highlighted that military capability means an armed force with combat capability and combat power, and commanders need to continuously train their units in order to achieve such combat capability. To strengthen military capability, individual personnel must be highly capable, weapon proficiency must be ensured, and troops must be fully trained, in addition to being able to correctly apply

military tactics and strategies.

He underlined that if administrative capability declines, military capability and organizational capability will also decline, and if discipline is lacking, organizational effectiveness may also deteriorate. Therefore, leaders need to closely supervise compliance with military discipline and management practices, which are integral parts of administrative capability.

The General gave a guide-

line that to become good leaders, one must have the ability to exercise self-control and be able to make farsighted decisions with broad-mindedness. A leader must also constantly look after subordinates, guiding, correcting, and advising them as necessary.

After the meeting, the General commended and warmly greeted two senior officer trainees who had been promoted by one step in rank for outstanding operational performance in courageously carrying out national defence and security duties on the front lines, and who had subsequently been granted the opportunity to attend the training course.

Also, present at the meeting were Commander-in-Chief (Navy) Admiral Htein Win, Commander-in-Chief (Air) Lt-Gen Tun Win, senior Tatmadaw officers from the Office of the Commander-in-Chief, the commander of the Eastern Command, senior officer instructors from the Command and General Staff College and senior officer trainees.

The General had lunch together with senior officer instructors and senior officer trainees at the trainee mess hall. — MNA/TTA

Kayah & Shan states welcome back frontline soldiers with ceremonial honours and celebrations



Triumphant Tatmadaw members are seen being warmly welcomed back home.



CEREMONIES to honour and welcome back Tatmadaw members who had returned from the frontline after carrying out duties for regional security and

stability around Moebye and across Kayah State were held yesterday evening at local battalions in Moebye and Laihka, Shan State (South). The events were

attended by Tatmadaw personnel from the Eastern Command and Eastern Central Command, along with relevant officials, departmental staff, teachers and

local ethnic residents.

Tatmadaw members returning from the frontline, who had diligently and tirelessly carried out operational duties day and

night on the battlefronts to ensure that ethnic people across various regions and states can live, work and earn their livelihood in peace and comfort, and to guarantee the safety of their lives and property as well as to maintain national stability and regional peace, were warmly and enthusiastically welcomed and honoured by responsible officials from the respective commands and attendees.

The returning soldiers were welcomed with sprigs of Eugenia and ceremonial garlands of honour. Traditional Ozi drum performances and dance displays were also held in celebration. Cash rewards and honorary gifts were presented to the victorious returning Tatmadaw members. — MNA/MKKS

NATIONAL

Defence Services C-in-C inspects veterans' housing project, battalions in southern Shan State



Defence Services Commander-in-Chief General Ye Win Oo warmly greets Tatmadaw members and their families in Shan State yesterday.

COMMANDER-IN-CHIEF of Defence Services General Ye Win Oo, accompanied by his wife Daw Nilar, Commander-in-Chief (Navy) Admiral Htein Win and his wife, Commander-in-Chief (Air) Lt-Gen Tun Win and his wife, senior Tatmadaw officers from the Office of the Commander-in-Chief and their wives, the commander of the Eastern

Command, and officials, yesterday morning inspected the progress in construction of Advanced War Veterans' Housing (Ayethaya) in Ayethaya, Shan State (South).

At the briefing hall, Quartermaster-General Lt-Gen Zaw Myo Tin reported to the General on the progress of the project, settlement of war veterans, fur-

ther plans to settle war veterans, and requirements of water and electricity supply.

In response, the General gave instructions on the need to take care of the issues of war veterans as they are an important strength of Tatmadaw, and arrangements for convenient accommodation, food supply and transport for families

of the war veterans' housing, management for cleanliness and beautification of the housing compound, and proper drainage facilities.

The General observed the convenience shop in the compound of the housing and viewed the training of tailoring for families of war veterans. He also reviewed the completed residen-

tial buildings in the compound and the buildings under construction. The General cordially greeted war veterans and their families residing at the housing and presented foodstuffs.

Yesterday morning, the General and party inspected local battalions in Ayethaya, Heho and Kalaw stations and cordially greeted families. — MNA/TTA

Maritime youth trainees visit Shwedagon and Space Museum

TRAINEES from the Maritime Youth Basic and Advanced Courses No (1/2026), currently in Yangon, visited the Shwedagon Pagoda and the Space Museum together with instructors and officials.

At Shwedagon Pagoda, officials from the pagoda board explained the pagoda's history at the southern entrance to the platform. The trainees toured the pagoda, offered flowers and water, observed religious buildings, viewed photo galleries and studied Myanmar architectural works.

The trainees later visited the Space Museum, where they explored the GOTO Planetarium Analogue Projection System, Deep Space Exploration Gallery, Space Station Gallery, spiral gallery, rocket launch simulation model, reentry capsule spacecraft model and VR simulator displays.

Officials also presented science and space-related discoveries through animated visual presentations in the Planetarium Room, where trainees watched the exhibits with great interest. — MNA/KZL



Trainees from the Maritime Youth Basic and Advanced Courses visit the Shwedagon Pagoda in Yangon yesterday.

Aviation trainees conduct practical flight training in Nay Pyi Taw

TRAINEES from Basic Aviation Youth Training Course 10 and Advanced Aviation Youth Training Course 9, after completing competitions at their respective training camps, carried out flight exercises today aboard aircraft and helicopters from the Air Force pilot training school at the local air base in Nay Pyi Taw.

Firstly, trainees, administrative instructors, and teachers arrived at the local air base in Nay Pyi Taw this morning, where they were welcomed by officials. Before boarding and flying, they underwent general health checks and received prior instruction on safety procedures and rules to be followed during flight.

Following this, a total of 24 trainees took part in practical flight exercises. These included six trainees who achieved first, second and third places from the two Advanced Aviation Youth Training Camps



A trainee from Aviation Youth Training Course takes part in practical flight exercises.

in Northern Myanmar and Southern Myanmar, as well as 18 first-place trainees from 18 Basic Aviation Youth Training Camps, including Yangon, Mawlamyine, Myitkyina, Namsan, Taunggyi, Toungoo, Loikaw, Myeik, Magway, Monywa, Homa Lin, Patheingyi, Meiktila, Nay Pyi Taw, Kengtung, Pyaw, Mandalay and Coco Island. These trainees carried out practical flights in training aircraft, while 18 second-place trainees from the Basic Aviation Youth Training Camps undertook practical

flights in training helicopters.

During the training flights, aviation youth trainees, together with their instructors, carried out walk-around checks, engine starting, hovering, taxiing, take-off, climbing and turning, cruising, descending and turning, and approach and landing procedures.

In addition, to gain practical flying experience, trainees and teachers also participated in flights aboard Tatmadaw (Air) transport aircraft. — MNA/MKKS

NATIONAL

Shwe Padauk Fish Market handles 400,000 visses of fish daily

ABOUT 400,000 visses of freshwater products are entering the Shwe Padauk Fish Market in Hline Township, Yangon, daily, ensuring a smooth flow of seafood products to the markets across Yangon and the country, according to the market development committee.

Freshwater products from breeding ponds in Ayeyawady Region, Yangon Region, and Bago Region are arriving daily at the market. After the Thingyan period, extreme heat affected some fish ponds, forcing pond harvesting and resulting in a large influx of freshwater products into the fish market, which caused fish prices to decline. But, during this season, the market is normal with regular inflows of aquatic products.

“The freshwater inflow became normal only recently. At the end of April, fish entered the market in large quantities, causing prices to fall from K7,000 to K5,000. This month, fish inflow has returned to normal, though trading still needs time to recover to previous levels. In the fish market, sales are usually good during public holidays in the first half of the month. Saltwater



Images feature a bustling fish market with vendors actively trading and selling fish. **PHOTO: ZWE MARN**

business operators are benefiting this season by selling products from cold storage facilities. Fish farmers can lose their markets when weather conditions worsen. During the rainy season, seasonal products such as spiny goby fish, *Chitala chitala*, Shing fish, *Macrognathia* and catfish will enter the market, and it is likely

to reduce freshwater product prices,” said U Maung Naing, secretary of the market development committee.

The freshwater products are also exported to Bangladesh, Dubai and Saudi Arabia, like the saltwater products, despite the transportation and payment difficulties compared to previous years. Fish farm-

ers are breeding and producing fish according to the size specifications requested by importing countries. Due to annual freshwater aquaculture production, Myanmar is ready to export certain fish varieties to meet foreign demand. The emergence of a strong freshwater market will benefit both the country and fish farmers, and the businesspeople hope for a new freshwater market through cooperation among countries.

The Shwe Padauk Fish Market and Sanpya Fish Market in Yangon distribute freshwater products nationwide daily, and freshwater products continue to be distributed nationwide from Yangon’s Shwe Padauk Fish Market and Kyimyindine Fish Market without supply shortages despite extreme heat affecting fish ponds in April. — Thitsa (MNA)/KTZH



Value-added food production course opens in Taunggyi

THE Taunggyi Township Rural Development Department under the Ministry of Cooperative and Rural Development launched a vocational training course on value-added food production (making tomato jam) at Phatnam Village, Taunglaylone Village-tract in Taunggyi Township, Shan State (South), on 18 May.

The training course aims to create job opportunities, nurture a skilled workforce, and supplement household income for rural residents. At the opening ceremony, Deputy Director U Khon Myint Thuang of the Shan State



This photo shows the training materials to be used in value-added food production (making tomato jam) training course in Taunggyi, Shan State (South), on 18 May. **PHOTO: CHO THAN NYUNT**

(South) Rural Development Department explained that such livelihood support training is provided to enable rural women and local farmers to systematically manufacture value-added products using locally sourced raw materials and establish manageable small-scale businesses.

Subsequently, the Pyithu Hluttaw representative and the Amyotha Hluttaw representative delivered opening addresses, followed by the presentation of training materials to the participants by departmental officials.

The five-day free training course, running from 18 to 22 May, is being attended by 20 female trainees from Phatnam Village. Experienced instructors are providing systematic theoretical and practical lessons on the step-by-step process of making tomato jam and market linkage techniques. Furthermore, outstanding trainees who genuinely intend to establish enterprise operations will be prioritized for access to loans from the department’s Mya Sein Yaung project funds. — Cho Than Nyunt (Rural)

Advertise

with us/ Hotline:



09 454237515, 09 255597511

OPINION

Implement strategic plans with development of tourism

TOURISM and travel are the third-largest export industry in the world. Depending on each country's available resources, various types of tourism are being developed globally, including cultural and heritage tourism, nature-based tourism, ecotourism, culinary tourism, agricultural tourism, adventure tourism, cruise tourism, and many other forms of travel activities.

In order to attract more international tourists, every country is carrying out promotional and marketing activities. Myanmar has abundant natural landscapes, forests, mountains, and a rich ancient cultural heritage, which are of great interest to visitors. If the tourism sector expands, more job opportunities will become available for the public. An increase in foreign visitors will also

Regarding economic matters, relevant ministries need to coordinate and cooperate to promote the development of both inbound and outbound tourism. At the same time, local authorities and communities are also required to work together in collaboration. If attractive local environments and appealing services can be provided, tourist arrivals will increase, and the social and economic conditions of the region will also improve. In terms of travel, accommodation, and food, it is necessary to learn from other developed regions and countries, and to make the destination attractive to visit, stay, and travel.

Regarding economic matters, relevant ministries need to coordinate and cooperate to promote the development of both inbound and outbound tourism. At the same time, local authorities and communities are also required to work together in collaboration. If attractive local environments and appealing services can be provided, tourist arrivals will increase, and the social and economic conditions of the region will also improve. In terms of travel, accommodation, and food, it is necessary to learn from other developed regions and countries, and to make the destination attractive to visit, stay, and travel.

All responsible authorities must properly supervise efforts to create a pleasant, attractive, and well-disciplined environment. At the same time, all staff are required to comply, and all members of the public who must maintain discipline through their own awareness should work together in cooperation.

To make towns and villages greener, cleaner, and more orderly; to properly identify, showcase, and preserve cultural heritage sites and prominent landmarks; to develop and promote local foods, traditional foods, and regionally representative souvenir products with high quality standards; and to showcase local culture – these responsibilities should be collectively embraced and practised as duties by all residents.

AS THE sun slowly sets over the peaceful waters of Inlay Lake, a breathtaking scene comes to life. The sky turns into shades of orange and purple, reflecting beautifully on the calm surface of the lake. Local fishermen balance gracefully on one leg as they row their boats through the floating gardens. This is more than just a beautiful landscape; it is the heart of a unique water-based culture where tradition still lives strongly today. Here, floating farms provide food for the people, and life moves gently with the rhythm of the water.

The Heart of Shan State

Inlay Lake is a freshwater highland lake located in Nyaungshwe Township, Shan State, Myanmar (Burma). Surrounded by the misty Shan Hills, the lake lies about 2,900 feet above sea level and covers around 116 square kilometres. It is the second-largest freshwater lake in Myanmar and one of the country's most famous natural treasures.

In 2015, UNESCO recognized Inlay Lake as Myanmar's first Biosphere Reserve because of its rich biodiversity and the close harmony between nature and human life. The lake is home to many rare species of fish and birds that cannot be found anywhere else in the world, making it an important ecological treasure.

A Remarkable Way of Life

The Intha people, often called the "Sons of the Lake", have lived on and around Inlay Lake for centuries. Over time, they developed a lifestyle perfectly suited to the watery environment. One of the most fascinating sights at the lake is the unique rowing style of

Inlay Lake: Myanmar's Floating Gem of Culture and Nature

the fishermen. They stand on one leg at the back of their boats while wrapping the other leg around an oar. This special technique helps them see over the tall reeds and floating plants while keeping their hands free to handle fishing nets.

The creativity of the Intha people can also be seen in their famous floating gardens, known locally as Ye-chan. Farmers collect weeds and water hyacinths from the lake and secure them with bamboo poles to create floating islands. Tomatoes, cucumbers, beans, and many other crops are grown in these gardens. The floating gardens are so strong that farmers can even walk on them while harvesting.

Traditional Villages and Handicrafts

The villages around Inlay Lake are well known for their traditional crafts and industries. The local people are admired for their kindness, honesty, and warm smiles. In the village of Inpawkhon, visitors can observe the rare art of lotus weaving. Skilled artisans carefully extract delicate fibres from lotus stems to make thread, which is later woven into beautiful scarves and robes. This ancient tradition requires patience and great skill, and Inlay Lake is one of the few places in the world where it still survives.

Other villages are famous for blacksmithing, silversmithing, and the production of traditional cheroot cigars. The floating market, which moves between five different locations every five days, is another important

BY MOON CHERRY K

part of local life. Boats filled with colourful vegetables, fresh tea leaves, and handmade products create a lively and picturesque at-

mosphere. People from different ethnic groups, such as the PaO and Shan, gather there in their traditional clothing to trade and

socialize.

Sacred Traditions and Spiritual Beauty

Inlay Lake is also an important centre of religious devotion. The most sacred site on the lake



is the PhaungdawU Pagoda, which houses five ancient Buddha images. Over many years, worshippers have covered the statues with layers of gold leaf until their original shapes can no longer be seen.

One of the most spectacular events in the region is the PhaungdawU Pagoda Festival, held every year during the Myanmar month of Thadingyut. During the festival, four sacred Buddha images are carried on a magnificent ceremonial barge shaped like a mythical Karaweik bird. Hundreds of leg-rowers guide the barge from village to village while crowds celebrate with music, prayers, and decorated boats. The festival beautifully reflects the strong faith and unity of the local people.

Another historical treasure is the Shwe Inn Dein Pagoda complex. Hidden near a narrow creek, it contains hundreds of ancient stupas rising among the trees. Some are old and covered with vines, while others shine brightly in gold. Nearby, the Mine Thauk Bridge stretches peacefully across the water and offers one of the best places to enjoy the sunset.

Flavours of Inlay Lake

The culture of Inlay Lake can also be experienced through its delicious local cuisine. Shan food is famous throughout Myanmar for its fresh and rich flavours. One popular dish is the "Inlay Fish Salad" (Inlay Nga Htamin), made from rice mixed with boiled fish, tomatoes, and potatoes, then topped with crispy garlic oil. Another favourite is Shan tofu, made from yellow split peas, which can be served fried, in soup, or as a

warm salad. Enjoying these traditional dishes in a stilt house overlooking the peaceful lake creates a truly unforgettable experience.

Peace on the Water

Beyond its beauty and traditions, Inlay Lake offers something even more meaningful – a deep sense of peace. One of my favourite memories is riding on a boat while the cool breeze gently touches my face. Listening to my favourite song, "Naung Inn Lay", together with the gentle sound of the traditional Shan Ozi instrument, as seagulls follow the boat across the blue waters, brings a sense of peace and happiness. Feeding the birds as they fly close to the water always brings me childlike joy. These quiet and simple moments help people relax, forget the stress of busy city life, and appreciate the harmony of nature.

A Timeless Treasure of Myanmar

Inlay Lake is more than just a tourist destination; it is a living cultural treasure where nature, tradition, and community exist together in harmony. From colourful floating markets and sacred festivals to peaceful sunsets and floating gardens, the lake offers an unforgettable experience for every visitor. As people often say, "The beauty of Inlay Lake lies not only in its scenery, but also in the hearts of the people who call it home." For anyone seeking peace, cultural discovery, and natural wonder, Inlay Lake remains one of Myanmar's most enchanting and timeless places – a destination that stays in the heart long after the journey ends.

"Twixt Thirty and Forty": The Decade of Reckoning, Rebuilding, and Becoming

By Khin Maung Myint

YOU may be remembering Twixt Twelve and Twenty by Pat Boone – a guide for adolescence, written for the uncertainties of youth. Yet, with the benefit of age and observation, one could argue that the

truly turbulent decade is not twelve to twenty, but thirty to forty.

Between thirty and forty, life often stops asking "Who am I?" and begins asking "What have I become?"

This period is psychologically pivotal because it represents a collision between dreams and reality.

At twenty, hope is cheap. At thirty-five, reality sends the invoice.

Many enter this decade believing life follows a predictable script: education, career, mar-

riage, children, success, security. Yet reality proves uneven. By midlife's threshold, some have become fully-fledged professionals, financially stable and socially admired. Others remain stuck – careers stalled, relationships fractured, ambitions quietly buried.

Some become pompous with achievement, mistaking status

for identity. Others feel down in the dumps, comparing themselves with peers and mourning roads not taken. It is also a period where questions of identity, including gender identity, sexuality, belonging, and purpose, may surface or intensify, sometimes after years of suppression.

Maslow's Lens: The Hierarchy Begins to Shake (Safety, Love and Belonging, Esteem and Self-Actualization)

Through the lens of Abraham Maslow, the thirties are often the decade where multiple levels of needs collide.

SEE PAGE 12



NATIONAL



YR to introduce underground telecom cable network across city

THE Yangon Region Government plans to transform overhead telecom lines across the region into underground cable networks, according to the regional government.

A coordination meeting on shifting the existing communication network from overhead lines to an underground cable system

was held at the Yangon Region Government Office on 10 May. Relevant departments and telecom companies will jointly implement the project.

The project will initially be launched in the four Dagon Myothit townships before being expanded to surrounding townships such as South Okkalapa and North Okkalapa. Authorities also plan to continue the project in Yangon's downtown area.

Officials said the underground cable system would help clear tangled communication lines installed on electric poles, improve the city's landscape and reduce fire hazards.

Some of the current telecom cables installed across Yangon are reportedly of substandard quality, vulnerable to weather damage and at risk of causing fires due to overcrowded installations. — ASH/KZL



Images capture communication cables installed across Yangon Region.

Magway targets 88,000 acres of GAP farming in 2026-27 Season



A GAP-system cultivation farm in Magway Region is seen in the photo.

THE Magway Region Department of Agriculture has announced that it is targeting the cultivation of 88,000 acres under the Good Agricultural Practices (GAP) system during the cultivation season of the 2026-2027 financial year.

In Magway Region, the widespread implementation of GAP-based cultivation for oil crops began in the 2017-2018 financial year. During the 2025-2026 financial year, a total of 78,384 acres covering nine crop varieties were cultivated under the GAP system.

For the current cultivation season, authorities are planning to cultivate a total of 88,000 acres of 10 crop varieties using the GAP system.

Crops produced under the GAP system are of higher quality and can generate greater economic benefits, while also ensuring cleaner and fresher food products.

At present, farmers across Magway Region are cultivating crops using the GAP system. Since the system not only improves crop yields but also enhances market opportunities, interest in GAP-based cultivation and production has reportedly increased year by year.

Magway Region has more than 6.4 million acres of mixed crop plantations, including over 2.7 million acres devoted to oil crops such as groundnuts, sesame and sunflower. — ASH/KNN

Yangon air quality monitored on 19 May 2026

THE Environmental Conservation Department of Yangon Region has been conducting regular 24-hour monitoring and analysis of ambient air quality at three designated monitoring locations in Yangon City using Ambient Air Quality Monitoring Station with Mobile Car (AQMS Mobile Car) and Compact Air Quality Monitoring Station (AQM 65) devices.

The monitoring covers six main parameters: Particulate Matter 2.5 (PM2.5), Particulate Matter 10 (PM10), Sulphur Dioxide (SO₂), Nitrogen Dioxide (NO₂), Ozone (O₃), and Carbon Monoxide (CO).

No	Air quality monitoring locations in Yangon Region	Measured parameters					
		PM2.5 (fine particulate matter – 2.5 microns)	PM10 (particulate matter – 10 microns)	Sulphur dioxide (SO ₂)	Nitrogen dioxide (NO ₂)	Ozone	Carbon monoxide
1	Botahtaung Township, Yangon	Good					
2	International Business Centre, Hline Township, Yangon	Good					
3	Dagon Township, Yangon	Good					

Air Quality Index - AQI

0-50	Good air quality
51-100	Acceptable air quality
101-150	Unhealthy for sensitive groups
151-200	Unhealthy
201-300	Very unhealthy
301-500	Hazardous

It was observed that ambient air quality results may vary depending on factors such as air temperature, wind speed, wind direction, humidity, rainfall conditions, vehicle usage, dust dispersion caused by hot and dry weather, emissions released from factories, and the surrounding conditions near the air quality monitoring locations.

Environmental Conservation Department

CBM injects over US\$2.3M into forex market



In the domestic market in 2021, the highest and lowest exchange rate is currently fixed around K1,327-1,345 in January and K1,330-1,447 in February.

THE Central Bank of Myanmar (CBM) pumped over US\$1.45 million into edible oil-importing companies and over \$518,800 to CMP companies, along with over \$350,300 worth of non-trade transactions on 19 May.

CBM sold over \$2.34 million to edible oil-importing companies and over \$30,170

to CMP companies on 18 May.

CBM sold over \$1.8 million to edible oil-importing companies and \$5,000 to companies working on a Cut, Make and Pack basis on 15 May.

CBM sold over \$3.26 million to edible oil-importing companies, over \$10,470 to CMP companies and \$2 million to LNG-importing companies

on 14 May.

CBM sold \$1.8 million to edible oil-importing companies and \$137,260 to CMP companies on 13 May.

CBM over \$2.037 million to edible oil-importing companies and \$11,535 to CMP companies on 12 May.

CBM injected foreign currencies into the market, with a view to curbing the instability in the foreign exchange market and currency devaluation. According to CBM's notification on 15 March 2024, it has been collaborating with law enforcement agencies to combat and prosecute those who attempt to manipulate the currency market under the existing laws. CBM allowed authorized dealers (private banks) to operate online foreign exchange trading freely as per the market rate, depending on supply and demand, starting from 5 December 2023. — NN/KK

CBM to act against unlicensed bank operations

THE Central Bank of Myanmar (CBM) announced on 19 May that CBM would take legal action against operating a bank without a licence.

The Central Bank of Myanmar has been issuing banking licences and non-bank financial institution registration, and setting regulations, guidelines, and supervising them in accordance with the Central Bank of Myanmar Law and the Financial Institutions Law enacted by Pyidaungsu Hluttaw.

Furthermore, the list of banks and non-bank financial

institutions authorized by the CBM is published on the CBM's official website: www.cbm.gov.mm.

Therefore, CBM advises the public not to engage with any institutions to avoid unwanted losses, including digital banks advertised on social media that are not included in the list.

According to Section 158 of the Financial Institutions Law, no one is allowed to establish or operate a bank without a license. Any violation of this prohibition will result in legal action under Section 171 of this law. — NN/KK



The Central Bank of Myanmar (CBM), Yangon Branch.

Open tenders invited for marine provisions supply service to foreign vessels

THE Myanma Port Authority has invited open tenders for supplying marine provisions to foreign vessels handled by the MPA's Agency Business Department.

Participating companies must hold a Food Safety Certificate demonstrating that their production, storage, bonded stores, preservation, and distribution processes for food products comply with maritime regulations to ensure consumer safety.

Open tender forms and specifications are available at the Port Clearance/Supply Division of Myanma Port Authority by 28 May. Citizens can purchase and submit tenders by presenting a Citizenship Scrutiny Card. Individuals can enquire details at 01-2301925.

The submission deadline is at 1 pm on 4 June, and late submissions will not be considered in any way, according to the Tender Accepting and Evaluation Committee. — NN/KK



Export-import cargo containers line the bustling terminals of the Myanmar Industrial Port along the Yangon River.

Trading Amount and Forex Rate in the Market on 20May 2026

	US\$	Chinese yuan	Thai baht	India rupee
Exchange rates	3,664.80~3,665.20	558.20~558.40	125.40~125.60	43.60
Trading amount in the market	17,782,240.27	26,839,729.88	113,068,761.88	
The amount sold by CBM to the market				

THE foreign currency amount traded in the foreign exchange market was for the import of edible oil, fuel oil, car/motorcycle spare parts, pharmaceutical and pharmaceutical raw materials, industrial raw

materials, fertilizers, animal feed, consumer goods, telecommunications equipment, and agricultural equipment. From the CMP sector revenue, US\$2.07 million was contributed to the edible oil

sector, US\$4,000 to the CMP sector, and US\$0.02 million to the non-trade sector. In the foreign exchange market, the Central Bank of Myanmar will sell US\$81 million to the fuel oil sector. — MNA

The **Global NEW LIGHT of MYANMAR**
www.gnlm.com.mm

Contact us to buy newspaper
09 454237515

ARTICLE/SCI/TECH: WORLD

“Twixt Thirty and Forty”: The Decade of Reckoning, Rebuilding, and Becoming

FROM PAGE 9

In one's twenties, many struggle with **security needs** – jobs, housing, income. By the thirties, attention shifts toward:

- **Love and belonging:** marriage, intimacy, family stability, friendship networks. Broken relationships or loneliness can become deeply painful at this stage because peers appear to be “moving ahead”.
- **Esteem needs:** professional recognition, social standing, financial competence. This is the era of promotions – or disappointments.
- **Self-actualization:** the haunting question: “Is this really the life I wanted?”

Many experience what psychologists describe as an “**expectation-reality gap**”. When youthful ideals clash with adult reality, people may suffer depression, burnout, cynicism, or existential anxiety.

Erikson: Generativity vs Stagnation Begins to Whisper

Erik Erikson described adulthood as a struggle between **generativity and stagnation**. Though classically linked to later adulthood, its seeds often appear in the thirties.

People begin asking:

- *Am I contributing anything meaningful?*
- *Am I simply surviving?*
- *Have I become who I want-*

ed to be?

This explains why some abruptly change careers, end marriages, migrate to other countries, return to study, or reinvent themselves. The thirties can feel like an internal audit.

The Neuroscience of the Thirties

Interestingly, the brain itself is changing.

The **prefrontal cortex** – responsible for judgement, impulse control, and long-term planning – reaches mature integration by the late twenties to early thirties. Impulsive youthful confidence often gives way to realism. One sees limits more clearly – both one's own and one's life.

At the same time, **social**

comparison intensifies. Modern psychology calls this the “**social clock**” **phenomenon** – silently measuring oneself against cultural expectations:

Career? Married? Children? House? Success?

Falling behind that imagined clock can generate shame, envy, or despair.

A Buddhist Reflection

From a Buddhist perspective, the suffering of the thirties often stems from **attachment to an earlier imagined self** – the person we thought we would become.

The young self dreams in straight lines; life unfolds in circles.

Some dreams shatter. Yet shattered dreams are not al-

ways failures; sometimes they are merely **corrections of fantasy**. A broken relationship may prevent a lifetime of unhappiness. A failed career may redirect one towards authenticity.

In Myanmar wisdom, one might say: “*Life does not always give what we ask for, but often what we need to become wiser.*”

Perhaps **twixt thirty and forty** is less a decade of success or failure than a **psychological crossroads** – where identity, ambition, disappointment, and maturity wrestle together.

By forty, some emerge humbled, some hardened, some wiser.

And wisdom, unlike youthful success, usually arrives carrying scars.

Middle East embraces Chinese solar firms for green energy transition

The framework agreement represents a strategic step in the UAE's energy transition and helps Abu Dhabi achieve its target of meeting 60 per cent of its energy demand from renewable and clean sources by 2035.



This photo taken on 12 July 2025 shows the “intelligent mega-factory” of Jinko Solar Co Ltd in Shangrao City, east China's Jiangxi Province. **PHOTO: REPRESENTATIVE IMAGE/LIU JINHAI/XINHUA/FILE**

ACROSS the vast desert landscapes of the Middle East, a blue ocean of solar panels is taking shape. Countries across the region are partnering with Chinese PV companies to drive green energy transitions.

The collaboration has gained fresh momentum. Recently, Chinese PV manufacturer JinkoSolar signed a 2 GW module supply agreement with Masdar, an energy firm from the United Arab Emirates (UAE),

for the Round-The-Clock (RTC) project, a PV-with-battery-storage project. The initiative, with an estimated investment of over 22 billion UAE dirhams (about US\$6 billion), is scheduled to begin operations by 2027 and is expected to cut carbon emissions by approximately 5.7 million tonnes annually.

The framework agreement represents a strategic step in the UAE's energy transition and helps Abu Dhabi achieve its target of meeting 60 per cent of its energy demand from renewable and clean sources by 2035, said Ahmed Ali Alshamsi, CEO of the Emirates Water and Electricity Company (EWEC), a co-investor in the project.

JinkoSolar, one of China's leading PV manufacturers that exports its products to nearly 200 countries and regions, is providing its Tiger Neo modules for the project. — Xinhua

Humpback whales make record swims between Australia and Brazil

A pair of humpback whales swam record-breaking journeys between the eastern shores of Australia and breeding grounds in Brazil, research published on Wednesday found.

The work by a team of international scientists used tens of thousands of images taken of whale tails to identify the two vast sea-dwelling mammals and reveal they had popped up on both sides of the world.

One was spotted in Queensland in 2007 and then appeared near Sao Paulo, Brazil, in 2019 – a distance across oceans of 14,200 kilometres (8,823 miles).

Another was seen off the coast off Bahia in Brazil before being sighted 22 years later in Hervey Bay, Australia 15,100 kilometres away. The pictures represent the longest-distance ever seen between two pictures of the same humpback whale, researchers said. Such vast journeys by the rorquals – which can grow up to 17 metres (55 feet) long – are exceedingly rare, they added. “Despite their rarity, these exchanges matter for the long-term health of whale populations,” Griffith University PhD researcher and report co-author Stephanie Stack said. — AFP



Such vast journeys by humpback whales – which can grow up to 17 metres long – are exceedingly rare. **PHOTO: AFP/FILE**

Microsoft's largest data centre in India to go live by mid-2026

MICROSOFT'S largest data centre in India is on track to go live in the southern tech hub of Hyderabad by mid-2026.

The facility is a cornerstone of the company's regional growth strategy and aims to meet skyrocketing demand for AI services and cloud infrastructure.

Microsoft is expanding its cloud and artificial intelligence infrastructure footprint in India with a major new data centre project in Hyderabad, adding to its existing regional facilities in Pune, Chennai and Mumbai.

The first phase of the Hyderabad hub is expected to become fully operational by mid-2026 as part of the company's broader \$17.5 billion investment strategy across Asia, marking Microsoft's largest regional infrastructure commitment to date. — ANI

China to purchase 200 Boeing aircraft in accordance with commercial principles

BASED on its air transport development needs, China will purchase 200 Boeing aircraft in accordance with commercial principles, the Ministry of Commerce announced on Wednesday.

Meanwhile, the United States will guarantee China a sufficient supply of engines and spare parts, a ministry official said in a statement that provides details on the preliminary outcomes of the recently held China-US economic and trade consultations. — Xinhua



Air China Boeing 737-800 (R) and Boeing 777-300 ER taxi to a runway before takeoff at Beijing Capital Airport in Beijing, China, 9 May 2026. PHOTO: VCG/CGTN

Japan to forgo summer energy-saving request despite Mideast crisis

JAPAN'S government on Wednesday decided not to ask households and businesses to reduce electricity usage this summer amid expectations power supplies will remain stable despite the impact of

the Middle East conflict.

Electricity supply capacity nationwide is expected to exceed demand by more than the minimum reserve requirement of three per cent for the July-September period. Despite concerns over crude oil supplies, Japan's reliance on oil-fired thermal power generation is relatively low, and the country can increase use of other energy sources such as liquefied natural gas. — Kyodo



LNG has become Japan's primary source of thermal power generation. PHOTO: KYODO/FILE

PESTICIDES DISTRIBUTOR CHANGING

We, **Zhejiang E-Tong Chemical Co.,Ltd**, would like to change the Distributor of the following products, from **Lo Ta Pyae Wa Co.,Ltd** to **Northern Aung Power Agro Chemical Co.,Ltd**. If any object or enquiry, please contact to Pesticide Registration Board, Plant Protection Division, Department of Agriculture, Yangon, from here to next (2) weeks.

No	Trade Name	Active Ingredient Name	Registration Type	Registration Number
1	Pawn One	Glyphosate 48% SL	Full	F2018-1489

Northern Aung Power Agro Chemical Co.,Ltd
Tel: 09-250406611

Changing Trade Name For Registered Pesticide

The Pesticide manufactured by **Ruili Cheng Shan Import and Export Trade Co.,Ltd** and distributed by **Shwe Pyaung Co.,Ltd** is changing trade Name as follow.

No.	Previous Name	New Name	Registration No.
1	Luco	Lu Maw	P2026-6919

Any Objection regarding to this changing can notify at Myanmar Pesticide Registration Board within (14) days.

Shwe Pyaung Co.,Ltd.

No.CA-316, Cherry 1st, FMI City, Hlaing Tharyar Township, Yangon Division, Myanmar.

Changing Trade Name For Registered Pesticide

The Pesticide manufactured by **Ruili Cheng Shan Import and Export Trade Co.,Ltd** and distributed by **Gold and Super Co.,Ltd** is changing trade Name as follow.

No.	Previous Name	New Name	Registration No.
1	Lu Maw	Shwe Brother	P2026-6922

Any Objection regarding to this changing can notify at Myanmar Pesticide Registration Board within (14) days.

Gold and Super Co.,Ltd.

No.CA-316, Cherry 1st, FMI City, Hlaing Tharyar Township, Yangon Division, Myanmar.

CLAIMS DAY NOTICE

M.V SITC QIUMING VOY.NO. (2607N)

Consignees of cargo carried on **M.V SITC QIUMING VOY.NO. (2607N)** are hereby notified that the vessel will be arriving on **21-5-2026** and cargo will be discharged into the premises of **MITT** where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 A.M to 11:20 A.M and 12 NOON to 4 P.M to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

Phone No: **2301185**

Shipping Agency Department
Myanma Port Authority

Agent For:

M/S SITC CONTAINER LINE CO., LTD

Advertise

with us /
Hotline



09 255597511,

09 454237515

ROLLING UPDATES

WORLD

PM Modi holds delegation-level talks with Italian counterpart Meloni as part of Rome visit

The relationship between India and Italy has now reached a decisive phase.

PRIME Minister Narendra Modi on Wednesday held a delegation-level meeting with Italian Prime Minister Giorgia Meloni as part of the last leg of his five-nation tour, aimed at further strengthening bilateral ties between India and Italy.

The Prime Minister arrived in Rome on Tuesday following his engagements in Norway, Sweden, the Netherlands and the United Arab Emirates. Prior to their meeting, Italian Prime Minister Meloni, in a post on X, said that ties between India and Italy have entered a “decisive phase”, adding that bilateral relations have witnessed unprecedented momentum in recent years.

“The relationship between India and Italy has now reached a decisive phase. In recent years, our ties have expanded with unprecedented momentum, evolving from a cordial friendship to a special strategic partnership founded on the values of free-



PM Modi holds delegation-level talks with Italian counterpart Meloni. PHOTO: NARENDRAMODI/YOUTUBE/ANI

dom and democracy, as well as a shared vision of the future,” the post read. External Affairs Minister S Jaishankar and his Italian counterpart, Antonio Tajani, were also present in the meeting.

Earlier, Prime Minister Modi also called on Italian President Sergio Mattarella, and the two leaders discussed various aspects of bilateral cooperation, including trade, investment and cultural linkages. PM Modi said they discussed how the two countries can collaborate in areas such as AI, critical minerals and space.

“Met President Sergio Mattarella in Rome. We discussed different aspects relating to the India-Italy friendship, including trade, investment and cultural linkages. We talked about how our nations can collaborate in areas such as AI, critical minerals, space and nuclear energy,” PM Modi stated in a post on X. — ANI

UK climate advisers urge setting maximum working temperature

CLIMATE change experts urged the UK to set maximum temperature rules for workplaces and adapt hospitals and schools to a warming planet in a report published Wednesday.

The report by the Climate

Change Committee (CCC), which advises the government on adapting to global warming, said Britain should set “measurable” targets to reduce the effects of climate change.

Experts identified the key

climate change threats facing the UK as heat, flooding and drought, with 92 per cent of homes “likely to overheat” by 2050 and acute water supply shortfalls without urgent government action.

“The UK was built for a climate that no longer exists today and will be increasingly distant in years to come,” the CCC report notes, following concerns in recent heatwaves that the UK’s infrastructure is not prepared for higher temperatures.

The country, which recorded its hottest year on record in 2025, has seen extreme weather events intensify in recent years, with unprecedented heat waves, floods that have caused significant damage, and long spells of drought. — AFP



In this file photo taken on 25 July 2019 beach-goers enjoy the sunshine by the sea in Camber Sands, southern England, during a heatwave in Britain. PHOTO: AFP/FILE

NEWS IN BRIEF

Thai PM leads push to rewrite constitution, proposes drafting assembly

THAILAND’S Prime Minister Anutin Charnvirakul on Wednesday led his Bhumjaithai Party in submitting a draft constitutional amendment to parliament, becoming the first party to formally launch the process of rewriting the country’s charter.

Anutin, along with the party’s executive board and its lawmakers, filed the proposal with Speaker of the House of Representatives Sophon Zaram, setting out the procedure for drafting what the party described as a “people’s constitution”.

The proposal calls for a 100-member Constitution Drafting Assembly, composed of 77 provincial representatives, one from each province, and 23 experts and academics, with a reserve pool of 300 additional members rounding out a 400-name candidate list. — Xinhua

US reduces number of Brigade Combat Teams in Europe to three

THE United States has reduced the number of Brigade Combat Teams in Europe from four to three, Chief Pentagon Spokesman Sean Parnell said.

“The Department of War has reduced the total number of Brigade Combat Teams (BCTs) assigned to Europe from four to three. This returns us to the levels of BCTs in Europe in 2021,” Parnell said on X on Tuesday. — SPUTNIK

SPORTS



Myanmar youth team players are seen in the picture. **PHOTO: MFF**

Myanmar youth teams to join domestic leagues

THE Myanmar Football Federation will field Myanmar youth national teams in domestic league competitions to help players gain match experience and improve preparations for international tournaments.

Myanmar U19, U17 and U16 national teams will take part in league competitions organized by the Myanmar National League. The U19 team will compete in the MNL-2 tournament under the name Junior Lions, while the U17 and U16 teams will play in the MNL U20 Youth League as Falcon and Galaxy, respectively.

The Myanmar U19 and U16 teams

are currently training under Japanese coaches, while the U17 team is coached by U Kyaw Zeya. The U17 side recently qualified for the AFC U17 Asian Cup and will compete in the U17 tournament and the AFC U17 Asian Cup later this year. The U19 team is also preparing for the U19 Championship to be held in Indonesia in early June.

The federation has regularly entered youth national teams in domestic leagues for more than a decade to strengthen player development and provide competitive experience ahead of international competitions. — Nyi Myat Thawda/KZL

Maddison 'embarrassed' by Spurs' survival struggles

JAMES Maddison accepts it is "a little bit embarrassing" for Tottenham Hotspur to be involved in a final-day battle to avoid relegation from the Premier League.

Spurs, one of English football's traditional 'Big Six' clubs, missed the chance to make sure of their top-flight status in a 2-1 defeat at London rivals Chelsea on Tuesday.

A point would have almost certainly sent West Ham down given Tottenham's superior goal difference, but the fight to stay up will now continue on to Sunday's final day of the season, when a win, or most likely even a draw, at home to Everton would

guarantee Spurs' safety.

Maddison, who played the final 21 minutes at Stamford Bridge in only his second appearance since a return from a knee injury, is well aware of what is at stake for Spurs in their quest to remain a Premier League club. "It's non-negotiable," the Tottenham midfielder told Sky Sports. "We have to (get over the line) for this club.

"We've got to give everything for this club, for the badge and for our fans. It is unacceptable and a little bit embarrassing that we're in this position as Tottenham Hotspur but it's the reality, unfortunately, and it's up to us to get out of it." — AFP



Tottenham midfielder James Maddison played the final 21 minutes at Chelsea in only his second appearance since a return from a knee injury. **PHOTO: AFP**

Yangon United sign second foreign player for new season

MYANMAR National League club Yangon United FC have signed Cameroonian midfielder Michel as their second foreign recruit for the upcoming season.

The 20-year-old midfielder has signed a one-year contract, bringing the club's total foreign signings for the new campaign to two. Michel previously played for the now-disbanded Dagon Port team and already has experience in the Myanmar National League.

Earlier, Yangon United also signed Cameroonian striker Mustapha on a one-



Michel holds his Yangon United scarf after signing on a one-year contract. **PHOTO: YUFC**

year deal, continuing their squad strengthening ahead of the new season. — Chit Ko Ko/KZL

Saka says Arsenal critics 'not laughing anymore' after title triumph

BUKAYO Saka said that Arsenal's critics were "not laughing at us anymore" as the club celebrated their first Premier League title in more than two decades.

Gunners players and staff gathered at the club's London Colney training ground on Tuesday to watch closest challengers Manchester City draw 1-1 away to Bournemouth — a result which gave Arsenal an unassailable four-point lead at the top of the table with just Sunday's final round of matches remaining.

As the Arsenal squad relished the club's first Premier League title since 2004, there were also joyous scenes at the north London side's Emirates Stadium, where thousands of supporters gathered to mark the occasion by lighting fireworks and flares. — AFP



England forward Bukayo Saka came through Arsenal's Hale End Academy youth system. **PHOTO: AFP**

PM Modi holds delegation-level talks with Italian counterpart Meloni as part of Rome visit

PAGE 14



Xi holds talks with Putin in Beijing

China and Russia have developed the comprehensive strategic partnership of coordination for a new era on the basis of equality, mutual respect, good faith, and win-win cooperation.

CHINESE President Xi Jinping held talks with visiting Russian President Vladimir Putin at the Great Hall of the People in Beijing on Wednesday, with the two sides agreeing to further extend the China-Russia Treaty of Good-Neighbourliness and Friendly Cooperation.

Xi noted that this year marks the 30th anniversary of the establishment of the China-Russia strategic partnership of coordination and the 25th anniversary of the signing of the China-Russia Treaty of Good-Neighbourliness and Friendly Cooperation.

China-Russia relations have come this far step by step precisely because the two countries have kept deepening political mutual trust and strategic coordination with unyielding tenacity, expanded cooperation with a drive to always scale new heights, and defended international justice and fairness and advanced the building of a community with a shared future for humanity with unflappable resolve, he said.

“As permanent members of the UN Security Council and important major countries in the world, China and Russia should take a strategic and long-term

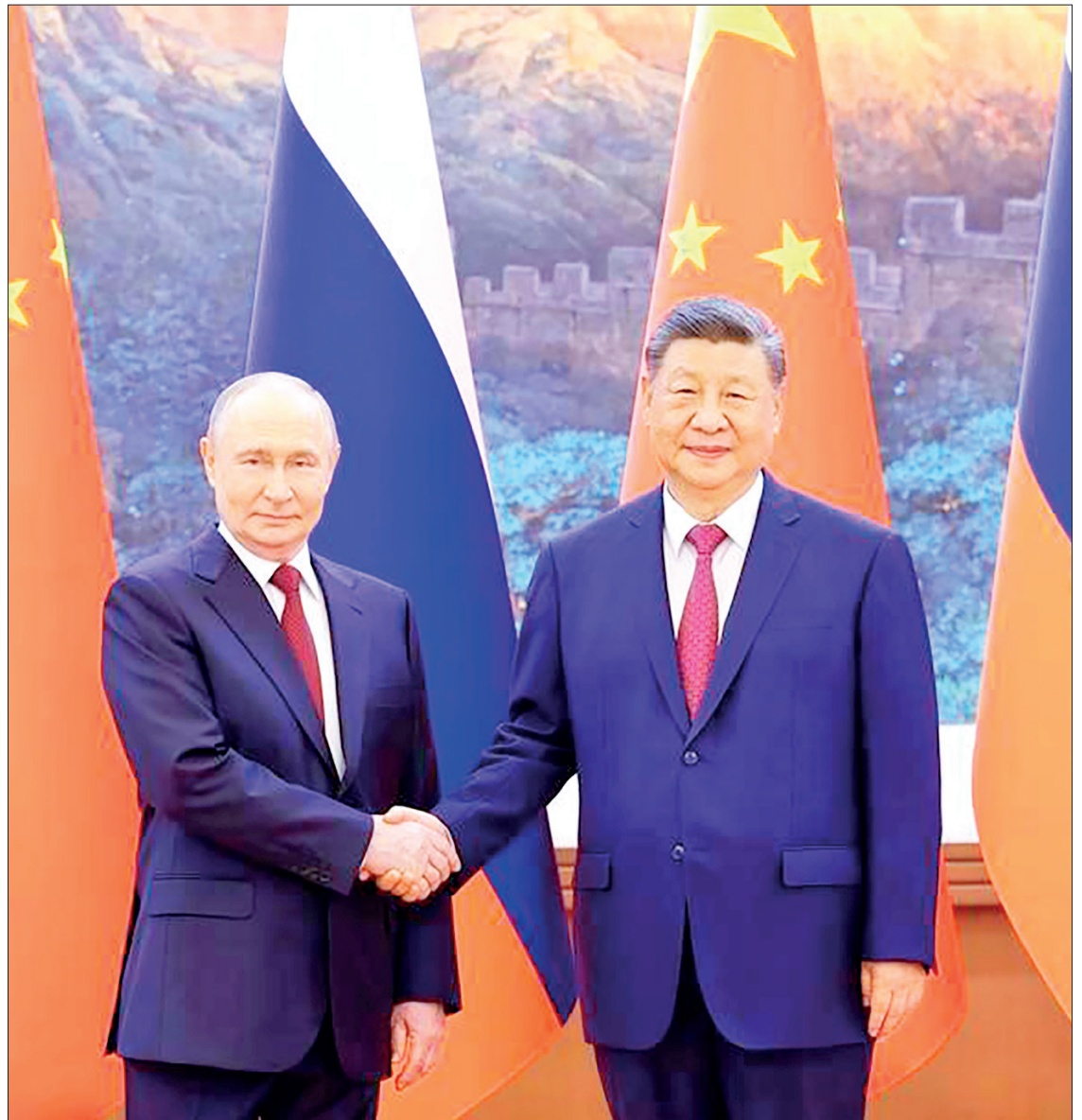
perspective, drive the development and revitalization of our respective countries through comprehensive strategic coordination of even higher quality, and work to make the global governance system more just and reasonable,” Xi said.

China and Russia have developed the comprehensive strategic partnership of coordination for a new era on the basis of equality, mutual respect, good faith, and win-win cooperation, he said.

Political mutual trust has further deepened, cooperation in various areas such as trade and economy, investment, energy, science and technology, people-to-people and sub-national exchanges continued to advance, and the bonds between the two peoples have grown stronger, Xi added.

The China-Russia relationship has entered a new stage of greater achievements and faster development, he stressed.

Unswervingly promoting the long-term, sound, steady and high-quality development of the China-Russia relationship is a strategic choice by the two sides based on the fundamental interests of the two countries and the global trends, said Xi. — Xinhua



Chinese President Xi Jinping holds talks with Russian President Vladimir Putin, who is on a state visit to China, at the Great Hall of the People in Beijing, capital of China, 20 May 2026. PHOTO: HUANG JINGWEN/XINHUA



Vessels are seen anchored in the Strait of Hormuz, off the port city of Khasab on Oman’s northern Musandam Peninsula on 17 May 2026. PHOTO: AFP

South Korean oil tanker transits Strait of Hormuz

A South Korean oil tanker safely transited the Strait of Hormuz, the country’s foreign ministry said Wednesday, marking the first passage by a South Korean vessel through the waterway since the Iran war began.

One South Korean oil tanker “transited the Strait of Hormuz on Wednesday, 20 May, and is continuing its voyage”, the foreign ministry said in a statement.

“Approximately 10 South Korean crew members are on board the vessel.”

The announcement followed earlier comments by Foreign Minister Cho Hyun, who told the National Assembly that the

tanker was “passing through” the strategic waterway at the time of his remarks.

“It is the first South Korea-flagged ship to pass through the Strait of Hormuz since the Iran war began,” a foreign ministry official told AFP earlier. The ministry said Seoul had repeatedly urged Iran to ensure the safety and freedom of navigation for all vessels, including South Korean ships, through multiple diplomatic channels – including four phone calls between the South Korean and Iranian foreign ministers since the outbreak of the war. — AFP